



Rhoziva
THE SCIENCE OF LIFE

Nanton
nutraceuticals

What is Rhoziva?

Rhoziva is a blend of 100% Rhodiola Rosea and vitamins.

Rhodiola Rosea increases the body's resistance to stress, trauma, anxiety and fatigue. In others words, it helps you deal with the realities of life. Rhodiola Rosea is an adaptogen and a herb product that is plant-derived and 100% natural. It has the potential to improve overall health.

Rhodiola Rosea was featured on the Oprah Winfrey Show as a stress-reducing, anti-aging herb on her "Reverse Your Aging Process" special. Dr. Mehmet Oz said "the number one factor in sickness and aging is stress." He highlighted Rhodiola Rosea's effect on the brain: "[it] stimulates dopamine and serotonin." In fact, Rhodiola Rosea can raise brain serotonin levels by up to 30%.

**Rhoziva is pure, potent, powerful and the vegan capsule is easy to take.
Quite simply, Rhoziva is the best Rhodiola Rosea on the market.**

Testimonial

John H. Biggs BSc, NCP
Owner, Optimum Health
Vitamins

"With several complementary nutrients added to increase its effectiveness, I have found the (Rhoziva) product to do what it claims to do, i.e. enhance energy, stamina, memory, and focus, among others. So if you could use help in these areas, investigate it."

Phase out your reliance on coffee and cigarettes

Rhodiola Rosea adaptogens differ from chemical stimulants such as nicotine and caffeine in that adaptogens are physiologically and psychologically beneficial. In contrast, nicotine and caffeine can become harmful and addictive.

Improve your overall health

In healthy individuals, Rhodiola Rosea improves physical and mental performance. In already fatigued individuals, it reduces that fatigue and increases alertness and attentiveness.

In the brain, Rhodiola Rosea enhances production of serotonin, norepinephrine and dopamine – neurotransmitters essential to optimal brain function.

Eliminate Brain Fog

You may feel like brain fog and forgetfulness are an inevitable part of aging, but they don't have to be.

Rhodiola Rosea:

- Helps to improve memory and intellectual performance
- Boosts the ability to focus and learn, enabling you to work for longer periods and under stressful conditions
- Helps to provide the energy brain cells need to run at peak efficiency
- Stimulates the production of the neurotransmitters
- Guards against the release of excess stress hormones, which damage brain cells

Help fight depression

Depression can rob an individual's ability to enjoy life. Stress, anxiety, fatigue and mental confusion may also be strong contributing factors to depression. Rhodiola Rosea has been found helpful in cases of *mild to moderate* depression.

The processed herb stimulates the production of neurotransmitters such as serotonin, norepinephrine and dopamine, which are necessary for healthy brain function.

Increase your athletic stamina and focus

For additional information, please visit www.Rhoziva.com.

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- In the muscles, *Rhodiola Rosea* helps clear lactic acid after exercise, enabling an athlete to train harder and more frequently
- It increases the production of creatine phosphate and ATP (high energy molecules) at a cellular level
- It increases the rate at which oxygen is utilized in the muscles
- It enables the intensity of focus that can make the winning difference

Manage your weight

Struggling with excess weight can seem like a lifelong battle. Research has shown that weight problems may be associated with issues such as stress, anxiety, depression and fatigue, in addition to diabetes or heart disease.

Rhodiola Rosea:

- Can play a vital role in any weight loss program by activating hormones which help to mobilize stored fat into a useful source of energy.
- Is proven to help speed up the metabolism of fat, and promote weight loss.
- Increases energy and balances mood, making it easier to exercise and make healthier lifestyle choices.

Improved sexual function

Loss of sexual interest, in either partner, can drive a wedge between even the most loving couples. The resulting stress, confusion, disappointment and anger can in turn place an even greater strain on the relationship.

Rhodiola Rosea:

- Is known to enrich libido in both men and women
- Increases energy at the cellular level
- Improves mood and stamina
- Enhances fertility in both men and women

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